



Outreach of the Month: Recognizing a Stroke

May is National Stroke Awareness Month

Information for Your Patients

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Helpful Links:

National Stroke
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What is a Stroke?

Ischemic Stroke occurs when a blood vessel carrying blood to the brain is blocked by a blood clot.

Risk Factors:

- High blood pressure
- Diabetes
- Heart Disease
- Smoking
- Family History

Signs & Symptoms of a Stroke:

- **SUDDEN** numbness or weakness of face, arm or leg, especially on one side of the body
- **SUDDEN** confusion, trouble speaking or understanding
- **SUDDEN** trouble seeing in one or both eyes
- **SUDDEN** trouble walking, dizziness, loss of balance
- **SUDDEN** severe headache with no known cause

For every minute that a stroke goes untreated, the blood flow to the brain continues to be blocked. A person's speech, movement and memory can be affected permanently.

Know the signs and symptoms to ensure medical help is received immediately!

As always, maintain regular visits with your primary care provider

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