



# June: Men's Health Month

## Colorectal Cancer Screening

Information for Your Patients

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### In This Issue

Gaps in care Outreach  
topic:

Colorectal Cancer  
Screening

#### Follow the Link:

CDC (US Dept of Health  
and Human Services)

#### Helpful Links:

Facebook  
UOP website

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### What is Colorectal Cancer?

- Colorectal Cancer almost always develops from precancerous polyps (abnormal growths) in the colon or rectum.

### Preventative Measures for Colorectal Cancer?

- Screening tests can find precancerous polyps so that they can be removed before they turn into cancer.
- Regular screening begins at age 50

### You may need to begin testing earlier if:

- You or a close relative have had colorectal polyps or colorectal cancer
- You have inflammatory bowel disease such as Crohn's or ulcerative colitis.
- You have a genetic disease.

Colorectal cancer screening may be covered by your health insurance policy without a deductible or co-payment.

**As always, maintain your regular visits with your Primary Care Provider.**

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