



## Information for Your Patients

September 3<sup>rd</sup>, 2018

Volume 20, No. 1

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Gaps in care Outreach topic:

Importance of Adolescent Well Visits

Follow the Link: Facebook UOP website

Helpful Links: American Academy of Pediatrics

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The American Academy of Pediatrics recommends annual wellcare visits during adolescence to promote healthy behaviors, prevent risky ones, and detect conditions that can interfere with a teen's physical, social and emotional development.

NCQA - Adolescent well-care visits assess adolescents and young adults 12-21 years of age.

Assessing physical, emotional & social development is important at every stage of life, particularly with children and adolescents. Behaviors established during childhood or adolescence, such as eating habits and physical activity, often extend into adulthood.

Well-care visits provide an opportunity for providers to influence health and development and they are a critical opportunity for screening.

Don't forget the importance of well visits for your teen.

Contact your Primary-care provider / Pediatrician today!

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