



Information for Your Patients

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Gaps in care Outreach topic:

FLU SEASON

Follow the Link:
CDC

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UOP website

Helpful Links:

Centers for Disease
Control and Prevention

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Influenza causes more hospitalizations among young children than any other vaccine-preventable disease. The single best way to protect against seasonal flu and its potential severe complications is for children to get a seasonal influenza vaccine each year. Making healthy choices at school and at home can help prevent the flu and spreading flu to others.

As a health care professional, your strong recommendation is a critical factor that affects whether your patients get an influenza vaccine. Most adults believe vaccines are important, but they need a reminder from their health care provider to get a vaccine.

People at High Risk of Developing Flu-Related Complications

- [Children younger than 5, but especially children younger than 2 years old](#)
- [Adults 65 years of age and older](#)
- [Pregnant women](#) (and women up to two weeks postpartum)
- Residents of nursing homes and other [long-term care facilities](#)

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