



Alzheimer's Awareness Month

Information for Your Patients

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Gaps in care Outreach topic:

Alzheimer's Awareness

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Helpful Links:

www.aplaceformom.com

<https://www.alz.org/alzheimers-dementia/what-is-alzheimers>

<https://alzfdn.org/>

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Alzheimer's Awareness Month, which occurs every November, was established to honor the millions of Americans living with Alzheimer's, through advocacy for a cure, awareness, and education. With over 5 million Americans living with the disease, and those numbers expected to triple by 2050, it's more important than ever to get informed on the prevention and treatment of dementia – and promote greater understanding of the disease and its symptoms so that it can be **detected and treated early**.

This month also reminds us of the **importance of caregivers**, who are there to help their loved ones as they tread the difficult path ahead. Every one of us is capable of doing something to contribute to Alzheimer's awareness.

Some ways to **raise awareness** are by participating in the Walk to End Alzheimer's, join ALZ Awareness Campaign, raise awareness in your workplace, participate in National Memory Screening, volunteer with a local or national organization, and share your Alzheimer's story. So much can be done to raise awareness and directly touch others' hearts simply by speaking out. Through the Alzheimer's Association, you can sign up for speaker's bureau opportunities all across the U.S., or create a web page as a moving tribute to a loved one.

UOP: Focuses on the delivery of high quality healthcare and honors commitments to our providers, patients, and our participating health plans.