



Information for Your Patients

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Gaps in care Outreach topic: COLD AND FLU

Follow the Link: Facebook UOP website

Helpful Links: Centers for Disease Control and Prevention

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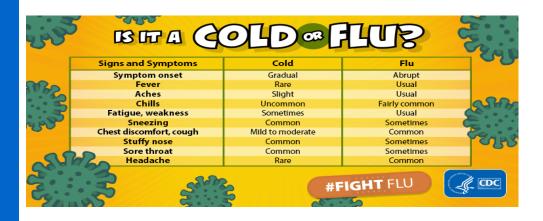
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## **COLD VERSUS FLU**

Flu and the common cold are both respiratory illnesses but they are caused by different viruses. In general, flu is worse than the common cold, and symptoms are more intense. Cold generally do not result in serious health problems, such as pneumonia, bacterial infections, or hospitalizations. Flu can have very serious associated complication.

Special tests that usually must be done within the first few days of illness can tell if a person has the flu.



\*UOP encourages you to see your health care provider regularly\*\*

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