

## Outreach of the Month: Breast Cancer Awareness



### Information for Your Patients

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Gaps in care Outreach Topic:  
Breast Cancer Awareness

#### Follow the Link:

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#### Helpful Links:

Link 1  
Link 2

<https://www.breastcancer.org/>

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**1 in 8 women** in the United States will be diagnosed with breast cancer in her lifetime. In 2023, an estimated **297,790 women and 2,800 men will be diagnosed with invasive breast cancer**. Chances are, you know at least one person who has been personally affected by breast cancer.

**But there is hope.** When caught in its earliest, localized stages, **the 5-year relative survival rate is 99%**. Advances in early detection and treatment methods have significantly increased breast cancer survival rates in recent years, and there are currently over 3.8 million breast cancer survivors in the United States.

According to the American Cancer Society, when breast cancer is detected early, and is in the localized stage, **the 5-year relative survival rate is 99%**. Early detection includes doing monthly breast self-exams, and scheduling regular clinical breast exams and mammograms. It is recommended to learn more about breast self examination to increase chances for early detection.

With early detection, the vast majority of people survive breast cancer and go on to live full, normal lives.

**\*\*Schedule an appointment with your UOP PCP today\*\***

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