



## Outreach of the Month:



### Information for Your Patients

January 2026

Volume 1

## In This Issue

Gaps in care Outreach topic:

Cervical Cancer Awareness

Follow the Link:

Helpful Links:

<https://www.cdc.gov/>

Contact Us:

18800 Hubbard Drive

Ste. 200  
Dearborn, MI 48126

313-240-9867

<http://www.uopdocs.com>

### **Best practices for cervical health awareness include:**

- \* *Receiving the HPV vaccine (ideally at ages 11-12)*
- \* *Regular Pap/HPV screenings starting at age 21 or 25 (depending on guidelines)*
- \* *Practicing safe sex.*

### **Key Types of Disparities**

- **Health Disparities:** Preventable differences in the burden of disease, injury, violence, or opportunities to achieve optimal health. Examples include higher cancer mortality in marginalized racial groups or poor access to care in rural areas.
- **Healthcare Disparities:** Differences in access to, utilization of, and quality of healthcare services, including preventive and diagnostic care.
- **Socioeconomic Disparities:** Significant gaps in income, wealth, education, and housing stability, which drive health outcomes.

### **Causes of Disparities**

- **Social Determinants of Health:** Factors like low income, lack of education, unsafe neighborhoods, and unequal access to healthcare.
- **Systemic and Structural Inequity:** Institutionalized discrimination, racism, and historical trauma that place specific groups at a disadvantage.
- **Environmental Factors:** Residence in areas with higher pollution or limited access to healthy food.
- **Behavioral and Biological Drivers:** Differential exposure to health risks, though these are often exacerbated by environmental context.

**\*Contact your UOP PCP today\***

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