

Outreach of the Month:



Information for Your Patients

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In This Issue

Gaps in care Outreach Topic:

Autism Acceptance

Follow the Link:

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Helpful Link:

<https://autismsociety.org/autism-acceptance-month/>

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World Autism Acceptance Month is an opportunity for everyone to come together and raise awareness, acceptance, and create a society where autistic people are supported and understood.

Autism acceptance shifts the focus from merely being aware of autism to actively embracing neurodiversity.

The core goal is accommodating, validating, and supporting autistic individuals as they naturally are, rather than trying to force them to conform to neurotypical behaviors.

Awareness is knowing autism exists. **Acceptance** is what *you* do with that knowledge. It shows up in small, consistent actions that communicate respect, understanding, and inclusion for autistic individuals not just in clinical or educational settings, but in homes, schools, workplaces, and throughout the community, as well.

For parents of children with autism, acceptance can feel like both a personal journey and a social challenge. You may already fully accept your child, while still navigating a world that doesn't always do the same.

Acceptance means asking:

- Is this behavior harmful or just different?
- Am I prioritizing social comfort for others over this child's well-being?

Inclusion is a key part of acceptance. It's not enough for autistic individuals to simply be present. They should also be actively included in ways that are meaningful to them.

This could mean:

- Modifying activities so a child can participate
- Valuing different forms of engagement
- Avoiding exclusion based on behavior that can be supported

Talk with your UOP PCP today

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